



Canadian Indigenous
Nurses Association

Honouring Our Health: Addressing Anti-Indigenous Racism in Healthcare

Presentation to Congress of Aboriginal Peoples delegation

March 30, 2026

Virtual Platform



Background of CINA & importance to partnership assignment:

- Longest FNIM Health Professional organization in Canada (50+ years)
- Voice to FNIM Nurses
- Lead on multi-government (and non) tables to address healthcare



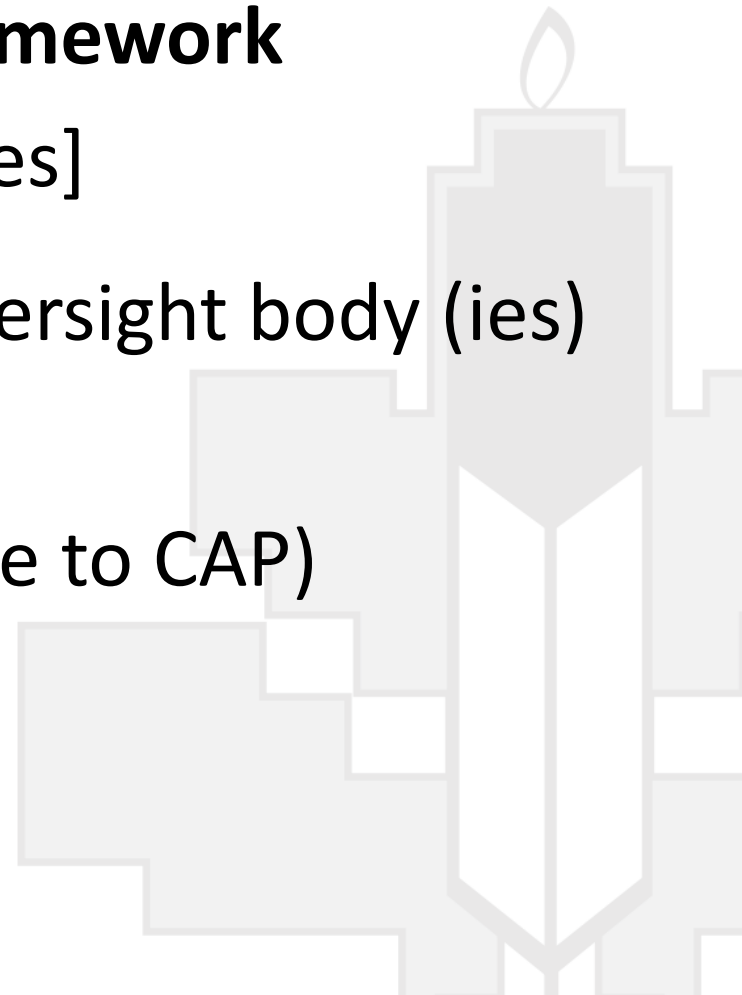
Barriers that stop Indigenous People from accessing or receiving QUALITY healthcare:

- Clarity = SYSTEMIC RACISM
- Encourage partners to design, develop and implement process for Anti-racism mandates
- Key: design race-based data collection
 - Include SDoH to identify and maintain health disparities



Collaborative Framework [key practices]

- Establish independent oversight body (ies)
- Target diversity in hiring
- Reporting systems (unique to CAP)





Health Policy & Indigenous Health

[key components for design]

- Mandatory data collection
- Legislative & regulatory changes
- Accountability frameworks: Urban/rural population (jurisdiction issues)
- Workforce diversity initiatives
- Policy audits (especially in IPO and copyright)



Health Policy & Indigenous Health

[key practices and interventions]

- Cultural safety and Anti-racism training
- Indigenous specific safety guidelines
- Inclusive nsg/med education (not only curriculum)
- Improve communication supports:
 - how, when and why do you need to get the pulse of your constituents
- Policy audits (especially in IPO and copyright)
- Establish Anti-racism guidelines
 - Not only policy but as driver to organization's leadership



Indigenous Nursing Knowledge

- * CINA is the 'doorway' to Indigenous communities, agencies and FPT government sector
- * Indigenous nurses as 'stewards of Indigenous Nursing Knowledge' (INK) - centering INK within their practice; cultural competency standards, accreditation, etc.
 - Cultural competency vs Cultural safety
- * 4 priority areas of collaboration: education, research, policy and practice



CINA is committed to providing **assistance** and direction in the TRC's Calls to Actions with organizations that are addressing health outcomes for Indigenous people

[#'s 7, 10, {18 to 24}, 57 and 62]

Note: accountability now aligns with articles in UNDRIP; GOC gave as legislation – now let's use it!!



The end goal of using the TRC's *Calls to Action* is to ensure that **Indigenous content** is provided at the start of the healthcare system

This allows for a progressive approach to incorporating INK to ALL facets;

we (FNIM) don't need to learn about where we live...



Let's keep the discussion going!

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